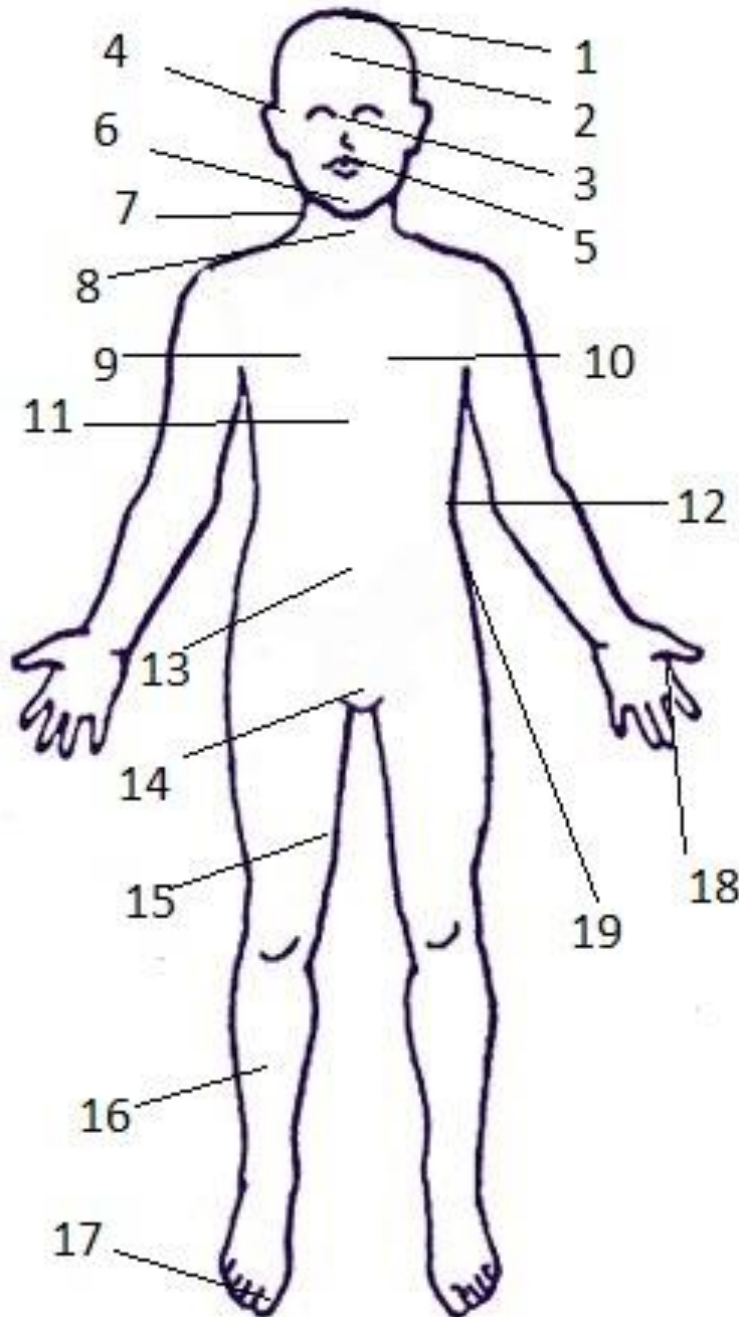




PRESSURE POINT CHART



1. TONG CHUN – TOP OF THE HEAD
2. BUCK HE – ABOVE FOREHEAD
3. CHUN GUN – BRIDGE OF NOSE
4. GEK JU INN - TEMPLES
5. INN JUNG – BELOW NOSE
6. HA GON – CHIN
7. KYUNG DONG MAK – SIDE OF NECK
8. SAN IL WOL – ADAM’S APPLE
9. WOO GUN – RIGHT CHEST AREA
10. CHA DOL – HEART REGION
11. SU WOL – STERNUM
12. CHUN KWANG – RIB CAGE AREA
13. DAN JULL – LOWER STOMACH
14. NANG SHIM – GROIN AREA
15. BU GOUCK – INNER THIGH
16. SANG WAN GOUL – SHIN AREA
17. JOCK JI – INSIDE BIG TOE
18. HAP GOCK – SIDE OF INDEX FINGER
19. DE DUNG GOL – BACK SPINE